HARNESSING AI TO BUILD YOUR PROFESSIONAL GROWTH ROADMAP

ASUG Women Connect

Artificial intelligence offers powerful tools to simplify goal setting, skill assessment, and progress tracking for professional growth.

Identify skill gaps more easily. Discover relevant learning resources. Visualize career pathways and set achievable milestones.

Defining Your Professional Goals

Objective: Get clear on long-term aspirations.
Recommended AI Tools: ChatGPT, Replika

Exercise & Prompt:
Self Reflection Example: "What would my ideal role entail in 5-10 years? What impact do I want to have?"

Prompt for ChatGPT: "Help me brainstorm a list of skills and responsibilities associated with a senior [Your Target Role] in my industry."

Self-Assessment: Analyzing Current Skills and Strengths

Objective: Establish your starting point by analyzing current skills.
Recommended AI Tools: LinkedIn Career Explorer, Skillate, Eightfold.ai

Exercise & Prompt:
Self Reflection Example: "Reflect: List skills you already have and areas where you need improvement.

Prompt for LinkedIn Career Explorer: "Identify roles that require [Your Skill] and see which roles align with my current capabilities and future goals."

Mapping Out Goals with AI Assistance

Objective: Set SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound) for each phase of growth..
Recommended AI Tools: Notion AI, Trello AI Assistant

Exercise & Prompt:
- Goal 1: "Enhance Leadership Abilities" → **Notion AI Prompt**: "Create a list of online courses or training modules that teach leadership skills."

- Goal 2: "Gain Proficiency in Data Analytics" → **Trello AI Assistant Prompt**: "Provide a timeline and task breakdown for mastering beginner to advanced data analytics."

- Example: Use Trello to break down a timeline for completing analytics courses and projects over six months.

Building a Timeline and Milestones

Objective: Establish short, mid, and long-term goals.s (Specific, Measurable, Achievable, Relevant, Time-bound) for each phase of growth..
Recommended AI Tools: Monday.com AI, ClickUp AI

Exercise & Prompt:
- Set specific milestones for progress, such as "Complete a certification in 3 months" or "Network with industry professionals each quarter."

- **Prompt for Monday.com AI**: "What should my project management timeline look like if I want to earn my certification in 6 months while working full-time?"

Reviewing and Adjusting Your Growth Plan

Objective: Periodically reassess your progress and adjust goals as needed.
Recommended AI Tools: Coachbot, Grammarly Goals (for communication skills)

Exercise & Prompt:
- **Prompt for Coachbot**: "Analyze my progress toward each goal and suggest adjustments if I'm ahead or behind."

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